

Worksshop of the Vasco da Gama Movement at the WONCA-Europe-Congress, Vienna 2012

## The Art of Becoming a Good General Practitioner

- # Look at the whole patient (it's not just a desease)
- # Understand the dreams and fears of your patients
- # Be curious
- # We have 2 ears & 1 mouth (use them in this proportion)
- # Know your community
- # Meet the patient eye-to-eye
- # Broaden your horizon; look over the edge, form teams.
- # Learn to manage uncertainty; don't be afraid to ask for help
- # Trust in what you have learned
- # Keep up-to-date
- # Empathy and compassion

